

## 3D PSHE Additional Units Key Stage 2

<b>Relationships and Sex Education</b>	<b>Lesson 1</b>	<b>Forming Relationships</b>	<ul style="list-style-type: none"> <li>Know how and understand why close relationships are formed, especially during adolescence</li> <li>Understand why friendship is important in the establishment of close relationships</li> </ul>
	<b>Lesson 2</b>	<b>Sexual Relationships</b>	<ul style="list-style-type: none"> <li>Know about and understand the physical, mental and emotional changes that take place during puberty</li> <li>Learn about sex (and bust some myths!)</li> </ul>
	<b>Lesson 3</b>	<b>Healthy Relationships</b>	<ul style="list-style-type: none"> <li>Understand why friendship is important in the establishment of close relationships</li> <li>Know the features of a healthy relationship</li> </ul>
	<b>Lesson 4</b>	<b>Unhealthy Relationships</b>	<ul style="list-style-type: none"> <li>Understand what an unhealthy relationship is and know how to deal with relationship issues</li> </ul>
	<b>Lesson 5</b>	<b>Gender Issues Relationships</b>	<ul style="list-style-type: none"> <li>Know about gender identities and have an awareness of transgender issues</li> <li>Understand the difference between being transgender and transvestite</li> </ul>